

NEWSLETTER

Helping you stay connected

Office Hours
Tuesday - Thursday
9am - 2pm
Phone 07-347 1539



**5 Tarewa Place,
Rotorua**

Manager

Rory O'Rourke
manager@acrotorua.nz

Administration & Maintenance Coordinator

Kirsten Harman
admin@acrotorua.nz

Wellness Coordinator

Diana Walker
wellness@acrotorua.nz

Visiting Service & Staying Safe Coordinator

Karyn Rogers
visiting@acrotorua.nz

Shopping Service

Coordinator
Katrece Lewis
coordinator@acrotorua.nz

Office Location
5 Tarewa Place,
Rotorua
Parkside House
Phone: 07 347-1539

Office Hours Tuesday - Thursday
9am - 2pm

Find us on 

<https://www.ageconcernrotorua.org.nz/>

Welcome to Age Concern Rotorua

Age Concern Rotorua is a not-for profit charity and your first port of call for matters relating to the wellbeing of older people in the greater Rotorua region.

We field all sorts of enquiries pertaining to all sorts of matters - and we always do our absolute best to apply our knowledge and experience to the matter at hand and to point people in the right direction.

Our core services are focused around keeping older people connected with the local community.

Accredited Visiting Service - We match clients and trained volunteers with a view to nurturing a friendship/ hobby or interest companionship.

Out and Abouters - We take weekly trips around Rotorua and further afield visiting natural attractions, cinemas, eateries and partaking in activities and events with a view to creating friendships and combating social isolation

Shopping Service - we match clients with trained volunteers to provide transport and companionship for weekly/fortnightly grocery shopping with a view of maintaining autonomy and independence.

Total Mobility - we are agents for Total Mobility - a subsidised scheme that provides half price taxi fares for those with permanent mobility impairment.

We can also help arrange a 'free plus one travel companion' for your Bee Bus card.

You are welcome you into our office to have a chat about anything concerning you, a family member or friend - or give us a call on
07 347-1539

Support Services

Our support services are broad and varied, fielding a myriad of enquiries, and when these are out of our scope, referrals are made to relevant services (established networks). We respond to enquiries either in person or a home visit may occur.



Rory O'Rourke Manager Age Concern Rotorua

A Word from the Manager

We finally have some progress on Tiny Homes and the tenants moved in on the 29th of July. This was a wonderful day after all the setbacks and the extra cost we have incurred over the last few months. The prospective tenants were selected back in March of 2023 and the Resource Consent lodged in October 2022.

What started out as a noble gesture to use the extra funding generated from the sale of Eruera Street, turned out to be an ongoing nightmare as the RLC put up barrier after barrier and made, what should have been an easy journey, into a very unpleasant experience.

Besides our own funds, the generosity of the Rotorua Trust kept us afloat for some of the time but as it dragged on into 21 months we are now struggling financially and have had to use our reserves to make ends meet.

An application for Health Promoting funding to Age Concern National has been successful and we are set to use the funds to provide five programs for our members and others in the elderly community.

A series of Seminars, like the series already held at Parksyde but with some new themes to cater for our elderly.

The Positive Ageing Expo, which has now become an annual event and attracts up to 30 stall holders with a variety of charities and organizations catering for the elderly.

Just Cook4 Health Ageing is a series of cooking classes with the Nutrition Foundation which are designed to help elderly cook cost effective and nutritious meals, for one or two.

Steady as you go, which is a balance programme designed and developed by Age Concern Otago and is now Nationwide. We will be training a peer leader to run the course.

Walkers with walkers. This is a social connection programme for those elderly who struggle to get out and about because of some form of mobility aid. You will be invited to join the group and enjoy the company of like-minded elderly. We hope to be able to transport people to a central starting point.

All these programs will be free to join or attend.

The Positive Ageing Expo will be held on Saturday 21st of September at 9:30 am until 2:00 pm .

This event is free to enter and there is a wide variety of stall holders representing several local charities and some commercial organizations. In past years we have had up to 30 stalls providing information ranging from health to recreation.

On the 1st of October we celebrate The International Day of the Older Person which is a day where older people are celebrated. Some interesting statistics.

- The number of people aged 65 years or older worldwide is projected to more than double, rising from 761 million in 2021 to 1.6 billion in 2050. The number of people aged 80 years or older is growing even faster.
- Globally, babies born in 2022 are expected to live 71.7 years on average, 25 years longer than those born in 1950
- Population ageing is an irreversible global trend. In 2021, 1 in 10 people worldwide were aged 65 or above. In 2050, this age group is projected to account for 1 in 6 people globally.
- Women tend to live longer than men and thus comprise most older persons. In 1950, women could expect to live almost four years more than men globally. In 2021, the difference between the two had increased to more than five years.

Age Concern Rotorua will be celebrating this day in some way so keep a lookout for further information.

Stay Safe

Kirsten Harman
Administration
Maintenance Service Coordinator



August has fast approached us, with cold winds and icy mornings. We have been fortunate to get a glimpse of blue sky. This reminds us that our cold days will become brighter, our trees and gardens will soon sing with birds and blossoms.

As I think back and reflect on the last few months within Age Concern our office has become a very busy little place, with new and renewed memberships from and growing interest from our members for our popular coffee groups, Out and Abouters "Van Trips", Seminars at Parksyde and Talking Tech classes.

I'm excited to announce our office now accepts Eftpos payments. I have been promising for some time now that we were working on this and now, I can say its all go! You can now make payments in the office via Eftpos this includes credit card Sorry we do not have PayWave available and cannot take over the phone payments. There is still the option to pay with cash or internet banking.

We thank our members for your ongoing support and renewing your membership and thank you to those who have made extra donations to our Charity, this helps us continue to offer our services and support for our members and elderly in our community.

For those who would like to join with us you will find pricing and membership form on the back of this newsltter.



A Special farewell was had in July for our long-time Volunteer and Friend Trish Bailey. Trish is off to visit family in Australia and we are not sure when to expect her back, it's been wonderful to get to know you over the last few years, our team and clients we will miss you. Thank you for all your time you have given to Age Concern. We hope to have you back one day soon!

Membership Pricing

Single \$15.00

Couple \$20.00

Postage \$20.00 (Covers 4 issues)

We encourage you to receive our newsletters via email, these copies are free!

If you have any queries on pricing or membership please contact Kirsten
admin@acrotorua.nz or phone 07 347 1539

To access our services, trips and events you must have a current membership.

Newsletter Edition One: February, March, April

Newsletter Edition Two: May, June, July

Newsletter Edition Three: August, September, October

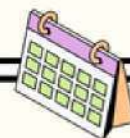
Newsletter Edition Four: November, December

See Membership form at the back of our newsletter

Support Service Directory

NAME	PH
Budget Advisory Service	346 3236
Citizens Advice Bureau	348 3936
Community Law	348 8060
Elder Abuse Rotorua (Family Focus)	346 2096 (Rarua)
Elder Abuse Tauranga (Whaioranga Trust)	(07) 544-9981
Elder Abuse Whakatane (Tipu Ora)	027 268 9291
Elder Abuse Free-phone	0800-3266-865
Grey Power	346 1739
Hairdresser (Zennie)	027 922 9952
Housing NZ	0800 801 601
Housing Assistance (Link)	0800-932-432
Lakes DHB	0800 -768-537
Lakes Dementia	349 0053
Meals on Wheels (DHB)	349 7975 (Elvie Solo)
NASC	343 1030
Retirement Commission	0800 268 269
Rotorua Hospital	348 1199
Rotorua Lakes Council	348 4199
Rotorua Library	348 4177
Rotorua Police	348 0099
St John Health Shuttle	349 7658
St John Medic Alarms	0800 50 23 23
St John General Information	0800 78 56 46
Victim Support	349 2471

Whats on AUGUST - OCTOBER 2024



**1st Tuesday
Every Month**

Coffee Group with Faye
Meet in town at various Cafe's
for a coffee and chat with other
Age Concern Members
Register with our office

**2nd Thursday
Every Month**

Skyline Gondola Cafe Group
Meet at the Gondola up the top at 1pm.
Have a bite to eat and a chat with other
members. Faye our coordinator will be up
the top to greet you.
Register with our office

**1st & 3rd Wednesday
Every Month**

**Coffee Group at Parksyde
Community Centre.**
10am-11am
Parksyde Cafe
(Next door to Age Concern Office)
Tarewa Place, Rotorua
Coordinator Diana Walker- Age Concern

**Talking Tech Tuesday
6th August**

**“Streaming, The New Way to Watch”
Parksyde Community Centre**
How to access a huge range of films, TV
programs and documents using Smart TVs,
chromecast, streaming from devices,
streaming services etc.

**Talking Tech Tuesday
20th August**

**“Time to Review And Recap”
Parksyde Community Centre**
A chance to review and ask questions
about what we have covered before.

Senior Net - Thursdays

Thursday Tech Classes
Help with your mobile phone or device.
Dates and class details to be confirmed
phone us for more information.

Media Studies Group

Discussion group - member hosted
register with our office.

Positive Ageing Expo

Saturday 21st September
9:30am - 2:00pm
Parksyde Community Centre

International Day of Older Persons

Tuesday 1st October
Details to be confirmed check back in with
us.

Mini Meatloaf Recipe

Easy Mini Meatloaf recipe made with ground beef and topped with a sweet and tangy glaze. Enjoy a classic meatloaf flavors without leftovers.

Ingredients

1 tablespoon olive oil
2 ounces chopped onions
1 clove garlic, minced
1 teaspoon dried thyme
½ teaspoon kosher salt
¼ teaspoon coarsely ground black pepper
6 ounces ground beef
½ teaspoon Worcestershire sauce
1 large egg
3 tablespoons breadcrumbs

For The Meatloaf Glaze

¼ cup ketchup
1 tablespoon molasses, malt or golden Syrup

Instructions

Heat oven to 350° F (177°C).

Heat oil in a medium-sized skillet over medium heat. Add the chopped onions and cook for 2 minutes.

Add in the chopped garlic, dried thyme, salt, and pepper. Cook, stirring occasionally for an additional minute. Remove skillet from the heat and set aside.

Place the ground beef in a medium-sized bowl. Pour the seasoned vegetables over the meat. Add in the Worcestershire sauce, the egg and the breadcrumbs. Using a large spoon, mix the meat and all of the ingredients together until fully combined. Shape into an oval and transfer to a lightly greased small baking dish.

Bake in the preheated oven for 30 minutes.

Remove the meatloaf from the oven and whisk together the ketchup and molasses in a small bowl. Spoon over the top of the meatloaf and bake for an additional 15 minutes.

After removing the meatloaf from the oven, cover with aluminum foil or a plate and let the meatloaf rest for at least 10 minutes before slicing.



Prep:
15minutes mins
Cook:
45minutes mins
Resting time:
10minutes mins
Total:
1hour hr 10minutes mins



Thank you Alison for again making and donating these warm blankets. They are beautiful. Perhaps some of our members have excess knitting wool they would like to donate? Please drop off to our office or give us a call 07 347-1539

Cast off your worries & cast on your knitting.



Diana Walker **Wellness Coordinator**

Greetings, and best wishes to all.

August brings us the promise of Spring and is a wonderful time to think about doing something about improving your life, moving forward, and enjoying your retirement years.

If you are feeling a bit isolated or do not get to move around as much as you would like there are things you can do to make your life better.

What are the key factors of wellbeing in later life?

Participation in enjoyable, meaningful activities is the biggest direct factor for wellbeing. This could be in creative, cultural, civic, and/or social activities.

Physical activity is extremely important too – this is the 2nd biggest individual direct factor.

Support for older people who are informal carers is especially important – a little bit of caring responsibility can be good for feeling useful and valued, but too much can be bad for one's wellbeing (and health).

Having positive social interactions with others is a common thread throughout wellbeing. In fact, the social domain accounts for 33% of one's wellbeing.

The Wellbeing Index points out people who are at greater risk of low wellbeing:

- Widowed
- Living alone
- Informal carers (at more than 20 hours/week)
- Have one or more long-standing illness or disability, often 3 or more diagnosed health conditions
- Do not take much or any physical activity
- Renters
- Have low financial resources

Are you thinking about downsizing your home and property – find out more from the many resources available. And if it is worrying you, do this, the sooner the better!

Make sure your Will and Enduring Power of Attorney are up to date and your wishes are in place. This takes away any stress of thinking about it again.

Volunteer! – There are opportunities here with us at Age Concern for Visiting and Shopping volunteers, and there are vacancies at most Opportunity shops, Curtain banks, Knitting groups, The Coffin club...

I volunteer myself and there is a need for more volunteers, this could be just one to three hours a week, and it is so rewarding to give to others. Contact me if you would like some more information.

Here are some ideas you can do to improve your wellbeing.

Get your eyesight and hearing checked regularly. Visit a Dentist for an evaluation and check-up because often some people lose their enthusiasm for life affected by these things that can be fixed or improved.

Join an exercise group relevant to your health and fitness. Chair Aerobics is a fantastic way to start, there is no rush to get into any strenuous activities, there is something for everyone!!

Join in with one of our coffee groups, not just once, keep coming on a regular basis.

Join a group playing games, singing, playing Croquet, bowls, dancing...

An exciting initiative for us and coming soon, part of this will be an exercise-based project. Will you be joining us?

Next door to us we have the wonderful facility for over 55's Parksyde Community Centre, and there are a variety of diverse groups and activities to join over there. There is something for everybody, plenty of parking, and if you do not drive you may be eligible, and we can assess you for a discounted Taxi travel Card so you can easily attend regularly.

Parksyde, Debbie and Diana would like to invite anyone who would like to join us every first & third Wednesday from 10am - 11am to meet us in the café where you can purchase a delightful array of scrumptious food and have a coffee and a chat with us about what activities you are keen to be involved with at Parksyde, and then Debbie will show you around the activities.

You may not know about everything Parksyde has to offer so why not telephone me and make a time to look around.

Social connection is one of the most important things to have in your life, making each day a happy one, getting out, having a reason for each day, doing new things, and meeting new friends.

Life is a great big canvas, and you should throw all the paint on it you can. ...



**Age Concern
Social Connection
Coffee Groups
Out & Abouters**





Karyn Rogers

Staying Safe & Volunteer Coordinator



Matariki has become an increasingly popular and widely celebrated event in New Zealand. It is a time for all New Zealanders to come together and recognize the importance of Māori culture and its contributions to the country's identity.

One of the key features of Matariki is the concept of whakapapa, which refers to the interconnectedness of all living things and the importance of family and community. It is a time for reflecting on the past year and setting intentions for the future, with a focus on personal growth and community wellbeing. Many people take this time to engage in acts of service, volunteerism, and giving back to their communities.

How did you celebrate? For My whanau we started at 4.30am with prayer and songs and finished off with a meal. At Lunch time we had a big meal and exchanged gifts.

All gifts are usually food or plants, which can include seeds. Our grandchildren have a month off school and start their school year when they return to school.

We go around the room asking each person what they would like to leave in the past year, what they would like to bring to the new year, and what they wish for the new year. These are written down and brought to the following Matariki. The most important part is where we celebrate the people we lost within the last year.

So, from me and mine to you and your whanau Happy Matariki and wish you a Peaceful, Healthy and Happy New Year.

Staying Safe Course

If you have been thinking about attending one of our Staying Safe courses, please call and put your name forward for the next one. We are not sure how many classes we can run this year. In the meantime, if you need to check on your skill level, we have a couple of fantastic booklets available, "Driving as a senior" a refresher on safe driving and "Supporting senior drivers" Pop into the office for your free copy and have a read you will find them very helpful. Remember if you're driving days are over, come in and apply for a Total Mobility card you could be eligible for up to 75% off Taxis (cheaper than having a car) these take 3 weeks to process so don't leave it to the last minute, I recommend that you make a booking with one of our team members.

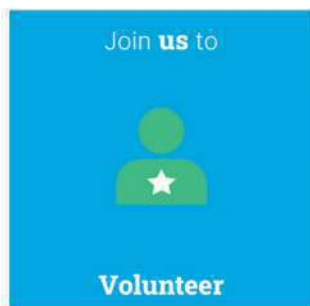
For more information and pricing call our office 07 347 1539.

Volunteers

We are looking for lovely people to volunteer and visit or take our elderly shopping. Especially in winter when it's hard for people to get out of their homes.

Are you someone that can spare an hour a week or can phone someone to ask how they are and have a chat.

If so give me a call and we will start the process.





Katreece Shopping Service & Out & Abouters Coordinator

It's normal to feel and behave a bit differently during the colder, darker months. Most people find they sleep more, eat more or crave different foods, want to spend more time "hibernating" at home or by themselves, and generally feel less energetic and cheerful during these times. It is part of the natural cycle of the seasons and can be a useful time for resting and slowing down.

For some though, it can manifest into 'Seasonal Affective Disorder' a temporary condition whereby one may feel persistently depressed and irritated which in turn causes reduced contact with others which can lead to circular thoughts of hopelessness and despair. So... thank goodness the transformative power of Spring, is on the horizon. Remedies for 'Seasonal Affective Disorder' include sunlight, fresh air and enhancing your wellbeing by going out and doing things and sharing social connections with others.

So.... shake off the 'winter blues' by booking an outing with us.

10am Thursday
15th August 2024
Putaruru

The NZ timber Museum. A hidden gem, set in park-like grounds which include native tree plantings and a picnic area. Local community displays the history of the Putaruru district. We will go to Wooden Farmer café afterward. Museum Admission \$7.50 per senior

10am Wednesday
21st August 2024
Taupo

Lava Glass Sculpture Garden. Taupō. Wander through an arty oasis featuring manicured grounds and hundreds of glass sculptures watch the glass blowing demonstration. Lunch at Kevi (Greek inspired) café. Lava Glass entry -\$20 per person.

9.30am Thursday
29th August 2024
Greerton

Greerton Op Shopping. With more op shops than you can shake a walking stick at – we are going to shop until we ...stop... and have lunch.

10am Thursday
5th September 2024
Matamata

Firth Tower and Museum. Take a glimpse into the pioneering days at Firth Tower Museum. Bring a packed lunch and enjoy the tranquil atmosphere of the gardens, expansive lawns and shaded trees and take in the interesting history of the estate.

9.30am Wednesday
11th September 2024
Tirau

Brunch with us at the **Cabbage Tree Café** in Tirau. Peruse the quirky corrugated shops, boutiques and designer outlet stores.

1pm Thursday
12th September 2024
Rotorua

Got a **Gondola** Pass? We are meeting up with Age Concern Waikato for a friendly inter-regional natter! All welcome. The more the merrier! For table booking purposes – let us know if you'd like to come along.

trips continued.....

9.30am Thursday 19 th September 2024 Tauranga	Tauranga Historical Village. Vintage-inspired shopping complex made up of original & replica buildings & cobblestone streets- featuring galleries, artisan retailers and unique shopping experiences.
9.15am Wednesday 25 th September 2024 Taupo	Enjoy incredible views of this spectacular waterfall in comfort with Huka Falls River Cruise's purpose-built river boat. Sit back and relax as we glide along the Waikato River. Special Senior Price \$35
11am Thursday 3 rd October 2024 Tauranga	Alchemy Street Craft Beer Tasting Tour. Engage in a lively discussion, ask questions, and gain insights into the brewing process and the craft beer industry. Tour -4 Tasters and Nibbles \$15
9am Wednesday 9 th October 2024 Te Puke/Papamoa	Come on a rummage with us- we are checking out what hidden gems we may be able to find at the Op Shops in Te Puke and Papamoa. And in the spirit of op shopping, we will stop for an affordable lunch at the Papamoa Plaza.
9.30am Thursday 17 October 2024 Mt Manganui	A visit to the Aviation Museum – Mt Manganui. View classic aircraft, antique engines and aviation memorabilia. Burger and Beer café onsite.
10am Wednesday 23 rd October 2024 Matata	Enjoy a leisurely drive through the Western Bay. Grab a picnic table, take in sea air and enjoy a crispy, generous feed of fish & chips from Aunties-world famous in Matata.
10:30am Thursday 31 October 2024 <u>Whakarewarewa</u>	Take a seat, have a chat, dip your feet in the Shiny Dipping mini hot tubs at Secret Spot , and relax with a great cup of coffee and something from the cabinet.

Car Boot Sale



Would you like to sell some items at our Car Boot Sale?

This could be craft items, baking, second hand goods etc..

A great way to make some extra money for the Christmas Holidays.

Car Boot sale will be held at Parksyde Car Park on Saturday November 16th

We have 18 parks available to book for a car or stall.

Members of Age Concern can purchase a space.

Cost \$25.00

You are all welcome to purchase goods on this day.

Parksyde Community Centre will be running a Market inside on the same day so be sure to mark this in your calendar.

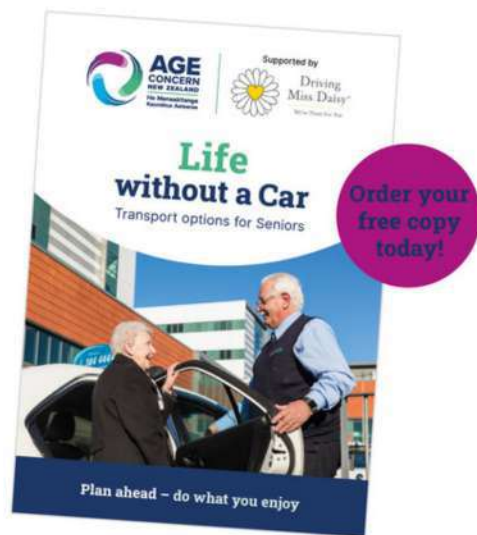
If you would like to purchase a car park to sell goods please contact our office 07 347-1539 or email admin@acrotrua.nz

Plan ahead

Keep doing what you enjoy when you no longer drive.

Age Concern has a new booklet full of great ways to help you stay connected in your community.

Collect your free copy from Age Concern Rotorua



Call 0800 65 2 105 | www.ageconcern.org.nz

Make your home and family fire safe

Fire and Emergency New Zealand offers **free home fire safety visits** to support people to make their homes fire safe for them and their families.



During a visit we:

- Provide information on fire safety
- Install and test smoke alarms
- Provide a free smoke alarm to those eligible

For more information or to book a free visit call 0800 693473

Age Concern often have a range of mobility and bathroom equipment and other useful personal care items that have been donated to us, these are available for our members, please ask if you require either temporary or permanent to find out if we can help. Call our office 07 -347 1539



Talking Tech on Tuesdays

10 am, Tuesday 6 August, Meeting Room 1, Parksyde

"STREAMING-THE NEW WAY TO WATCH"

How to access a huge range of films, TV programmes and documentaries using Smart TVs, Chromecast, streaming from devices, streaming services etc.



Cost: Free, thanks to support from ANZ and Age Concern Rotorua



Handy Man & Garden Services
Reasonable Rates & Great Service.

Gordon 021 086 77 912(Handy Man)
Richard on 027 423 6867(Handy Man, Lawns & Maintenance)



Donate your car to Age Concern Charity
Are you no longer driving?
Perhaps you have a little run around vehicle that you no longer need?
Have you thought about donating this to Age Concern Rotorua?
We need a tidy and reliable car/van for our staff so we can visit and connect with elderly members within our community.



We're putting Kiwis on patrol
Scammers are making off with \$200 million from Kiwis each year¹. In response, we've teamed up with Age Concern NZ to bring back Officer Frank 'Ponch' Poncherello and Officer Jon Baker from the hit 80s TV show CHiPs, to encourage Kiwis to be on patrol for scams and fraud.

Get your copy of ANZ Scams & Fraud Guide From your local Age Concern or visit ANZ.CO.NZ/SCAMS



5 Ti Street, Rotorua, 3010
Phone: 07 349 5494

Opening Hours

Mon 10-12
Wed 8-1 Club Day
Fri 10-12
or by arrangement.

Volunteer your time,
Make coffins that cost less.
Customise your coffin your way.
Ready made coffins available.
Storage available.

office@kiwicoffinclub.co.nz
www.kiwicoffinclub.co.nz
www.facebook.com/KiwiCoffinClub

Want to make a difference. Join our friendly team at The Kiwi Coffin Club.



The Business Hub
1209 Hinemaru Street
ROTORUA

We are opposite the Government Gardens and behind the Council building.

We provide professional, personalised ear care.

Services offered: Gold Card \$55

- Micro-suction of ear wax and debris.
- Management of ear infections.
- Removal of foreign objects from the ear canal.
- ACC and War Pension approved.
- Rest Home and home visits available.

SEMINARS FOR HEALTHY AGING



For 2024 Age Concern and the Parksyde Trust have teamed up to deliver FREE seminars for the over 55s, designed to inform and assist healthy aging.

2024 Seminars

When?

- Monday 15 April ✓ Scam Awareness
- Monday 20 May ✓ Grief and Loss
- Monday 17 June ✓ All you want to know about Funerals
- Monday 15 July ✓ Enduring Power of Attorney
- Monday 29 July Elder Abuse
- Monday 19 Aug Health and Disability Advocacy
- Monday 16 Sept Keeping yourself safe at home
- Monday 18 Nov Dementia Awareness

Where?

Parksyde Community Centre 9 Tarewa Pl

Registration?

Phone Parksyde between 9am and 3pm weekdays on 348 9892



Do you or someone you know suffer from a Brain Injury?

Make contact with Brain Injury Waikato to find out more information



admin@braininjurywaikato.org.nz
(07) 839 1191

Working together to better lives

Shopping around could save you thousands

When you're quoted on hearing aids, it pays to compare your pair. At Specsavers Audiology, you'll have a range of options to choose from, including top tech, all at our famously everyday low and transparent prices. Now doesn't that sound good?

View our range and prices at [specsavers.co.nz/hearing](https://www.specsavers.co.nz/hearing)

Specsavers Rotorua
1211 Eruera Street Tel 07 349 2020



PARKSYDE CAFE CASUAL CUPPA & CHAT



- Over 55?
- Want to make new friends?
- Enjoy a casual chat over a cuppa?

Come and join us

1st & 3rd Wednesday
10am-11am
Parksyde Café



A huge thank you to all our sponsors/ funders



MEMBERSHIP FORM

AGE CONCERN ROTORUA

Charities Commission Number CC2693

Date: / /

PERSONAL INFORMATION

Full Name/s

Mr / Mrs

D.O.B

/ /

Mr / Mrs

D.O.B

/ /

Address

City

Post Code:

Email

Phone Number

Landline:

Mobile:

Emergency Contact

Name:

Relationship:

Emergency Contact

Phone:

TYPE OF MEMBERSHIP

*Choose your type of membership

\$15 Single

\$20 Couple

New Membership

Renewing Membership

*Choose how you would like to receive our quarterly newsletters

Post \$20.00

Email

I would like to donate \$_____ to support Age Concern services in Rotorua

TOTAL _____

*Please select any services that may be of interest

Wellness Visit

Total Mobility

Social Connection

Staying Safe Driving

Van Trips (Out & Abouters)

Free Seminars

Become a Volunteer

If you wish to pay via internet banking, our account details are: 38-9012-0590627-00

Please use your surname and initials as a reference and email your contact details or form to admin@acrotorua.nz

CASH, EFTPOS & CREDIT CARDS WELCOME -SORRY NO PAYWAVE

Terms & Conditions

Our membership runs June to June. You must be a current paid member with Age Concern Rotorua to access our services within our region. By filling this form you are giving Age Concern consent to add personal information onto our data base. This private information will not be shared with anyone outside our organisation with out your prior consent. Receipts are issued and donations over \$5.00 are tax deductible.

Office Open: Tue-Thur
9am - 2pm

Age Concern Rotorua: Parksyde House, 5 Tarewa Place(next to Parksyde)
PO Box 1605, Rotorua 3040 Ph: 07 3471539 admin@acrotorua.nz

